SARSWATI INSTITUTE OF NURSING RESEARCH AND SCIENCES AND AMARAVATI.

# **REPORT ON**

## **WORLD HEART DAY**

# **29 SEPTEMBER** 2022.



#### The theme of the World Heart day 2022

#### **'USE HEART FOR EVERY HEART'**

# **INTERNATIONAL WORLD HEART DAY 29 SEPT 2022:** In India, the

#### THE WORLD'S, AND THE WORLD HEART FEDERATION'S, BIGGEST AWARENESS-RAISING PLATFORM FOR CVD World Heart Day is celebrated every year on 29 September.

In May 2012, world leaders committed to reducing global mortality from non-communicable diseases (NCDs) by 25% by 2025. Cardiovascular disease (CVD) is accountable for nearly half of all NCD deaths making it the world's number one killer. World Heart Day is, therefore, the perfect platform for the CVD community to unite in the fight against CVD and reduce the global disease burden. reated by the World Heart Federation, World Heart Day informs people around the globe that CVD, including heart disease and stroke, is the world's leading cause of death claiming 18.6 million lives each year, and highlights the actions that individuals can take to prevent and control CVD. It aims to drive action to educate people that by controlling risk factors such as tobacco use, unhealthy diet and physical inactivity, at least 80% of premature deaths from heart disease and stroke could be avoided.

World Heart Day is a global campaign during which individuals, families, communities, and governments around the world participate in **activities to take charge of their heart health and that of others**. Through this campaign, the World Heart Federation **unites people from all countries and backgrounds** in the fight against the CVD burden and inspires and drives international action to encourage hearthealthy living across the world. We and our members believe in a world where heart health for everyone is a fundamental human right and a crucial element of global health justice.

## AGENDA OF WORLD HEART DAY

PRAYER SONG : College Choir
LIGHTING THE LAMP : Guest & Members of the Dias
WELCOME SPEECH : Ms. Sonali Kamabale.
INTRODUCTORY SPEECH : Mrs Rupmala Ghatge (Principal)
ROLE PLAY : B.BSC Nursing First year
VOTE OF THANKS : Ms. Ankita Hiwarale

RALLY BY THE STUDENTS OF SARSWATI INSTITUTE OF NURSING AND SCIENCES AND RESEARCH AMARAVATI.

\*\*\*\*\*

#### \* WORLD HEART DAY

#### PRAYER SONG:

Saraswati institute of nursing sciences and research Amravati College of Nursing Celebrated world heart day on 29<sup>th</sup> sept 2022 to with the prayer song sung by our college choir according to the agenda . The prayer is the victory of the way of the delight.

#### LAMP LIGHTING CEREMONY:

After the prayer song the Lamp Lighting Ceremony is done by the Chief Guest and followed by the members of the Dias which was guided by our Mr. Sanjay patil sir president of SINSR and Mrs. Rupmala Ghatge principal of SINSR . the programme was delighted with all the members of the dias. The candle consumes itself to give light to the world, so as a tradition we delight the occasion with lighting the lamp .



#### WELCOME SPEECH<mark>:</mark>

Ms.Sonali Kambale Nursing tutor of Saraswati institute of nursing Research and sciences and Amravati they gave an inspiring and admirable, and welcomed the chief guest with an memento and welcomed all the members of the dias with a great adorable speech and they were granted and greeted with mementos on this occasion of World Heart day.



## **♦ INTRODUCTORY SPEECH.**

Mrs Rupmala Ghatge mam gave an adorable introductory speech on world heart day they gave such an beautiful inspiring speech Why World heart day is Celebrated. They coated the points below why it is celebrated and narrated.

**world Heart Day 2022** is celebrated every year on September 29 to raise awareness about the rising concerns of heart health and cardiovascular illnesses. Heart disease and stroke are the world's leading causes of death claiming 18.6 million lives each year.

This global campaign invites individuals, families, communities and governments around the world to participate in activities to take charge of their heart health and that of others.

World Heart Day is an opportunity to stop and consider how to use the heart for humanity, for nature and for us. This day also educates that by controlling risk factors such as tobacco, unhealthy diet and physical inactivity, at least 80% of premature deaths from heart disease and stroke could be prevented, according to the World Heart Federation (EHF).



✤ Significance.

. created by the World Heart Federation, World Heart Day informs people around the globe that CVD, including heart disease and stroke, is the world's leading cause of death claiming 18.6 million lives each year, and highlights the actions that individuals can take to prevent and control CVD.

#### **\*** SKIT PRESENTATION

The Students of Saraswati institute of nursing sciences and research and Amravati College of nursing presented skit regarding world heart day. They explained to students through his Skit how the world heart day is celebrated and what is the meaning of theme why it is important today. And how we can prevent the risk of cardiovascular diasease as well the how to improve the function of the heart as well as healthy in stressful life.



#### **\* MODEL PRESENTATION:-**

The Students of Saraswati institute of nursing sciences and research and Amravati College of nursing presented heart model regarding world heart day. They explained to students through his model how the heart is functioning and what is the structure of heart and they explained the meaning of theme why it is important today.





Amravati, Maharashtra, India VPCM+GWW, Badnera Rd, Badnera, Amravati, Maharashtra 444607, India Lat 20.871384° Long 77.734792° 29/09/22 04:40 PM

HEART

PULTEONARRY

V K

0

D

0

-

10

0

G

RAR 8.84

GPS Map Camera

AAA NE



Amravati, Maharashtra, India VPCM+GWW, Badnera Rd, Badnera, Amravati, Maharashtra 444607, India Lat 20.871385° Long 77.734792° 29/09/22 02:47 PM

LUNCHS MOD

PUL MONARD

ADRTA

### \* <u>VOTE OF THANKS</u>

Honourable chief guest, respected guest of honour, principal, teacher, non teaching staff, and dear students, good evening,

I am Ankita Hiwarale . I am going to propose to vote of thanks. I feel honoured to proposed this vote of thanks on the behalf of Saraswati institute of nursing sciences and research Amravati and my own behalf what an outstanding event of college.

I would like to thanks our chief guest and president of our institute mr.Sanjay patil sir honour for sparing their valuable time for us and gracing this event. Your thought has motivated all of us. We are all for your valuable presence and guidance.

I would like to express my deep sense of gratitude for the principal, teacher and nonteaching staff to take great effort to prepare and organise this world heart day .

We are highly grateful to our student for supporting and taking part in this event with great enthusiasm. Our students have given credible performance and they worthy of appreciation from our college.

Thanks one and all and i would like to take your leave with the feeling of happiness and gratitude.



